

Author Bio: Prior to publishing her book, *AMAZING GRAYS*, Maggie Rose Crane spent a decade crisscrossing the country, conducting leadership and life-skills workshops for women. Born on the leading edge of the Baby Boom generation, she has experienced many life passages common to her peers: college, marriage, divorce, single motherhood, career changes, and creating a blended family. At the core of her message, shared through writing, speeches and workshops, Maggie exposes the fears and anxieties that haunt many midlife women – and reveals how to mindfully navigate the turbulence with wisdom, perspective and practice. She also serves as a guest editor for the Dove Real Women/Real Beauty Campaign website. (www.dove.com) Born and raised in Milwaukee, WI, Maggie now resides in San Diego, CA. For more information, please visit www.maggiocrane.com.