

Amazing Grays Speak Out

When I read Maggie's book, it was as though she had read my mind, brought up all the concerns and dilemmas I was facing. I immediately felt like I had company on this confusing journey. There were real answers here...well-researched explanations of my options, expressed so clearly from a real grown woman's perspective that it was as though I had taken the years to study them myself...only better.

Susan Magee, *voice teacher*

Reading *Amazing Grays* is like sharing a glass of wine with a girlfriend, and laughing your way through a heart-to-heart talk about what really matters as we age. With humor, tenderness, and great vulnerability on her part, Maggie encourages us to challenge our old ways of seeing things—so we can truly embrace the next 50 years and live them with gusto!

Colleen Campbell, *quantum biofeedback specialist*

As a business owner and seminar leader, I highly recommend all women over 40 read Maggie Crane's book *Amazing Grays!* Understanding who we are and who we are becoming is imperative to living in joy and embracing all the changes we experience as we traverse our life path. The tips and useful tools found in this book can make the difference between tentatively creeping forward and striding into the future with great confidence and a sense of security.

Rebecca Drake, *president of Bank Leadership Training*

Maggie Rose Crane humorously empowers women to look beyond their mirrors and to enjoy the personal challenges of maturing responsibly. *Amazing Grays* is to be kept by the side of every boomer's bed—to read and reread—while you lovingly and laughingly journey along!

Sharon Feingold, *retired elementary teacher*

Maggie Crane's book *Amazing Grays* is a road map for finding your own peace, adjusting your attitude and taking the journey like a class act. We can rail against pesky gravity, passing time and life's disappointments but in the end it's all about accepting change, creating balance and finding value. Maggie's book will help you sort through fact and fiction to come up with a real life approach so that as you live longer you'll feel better doing it!

Mary Jo Korn, *aging physical therapist*

Maggie Crane has opened up her heart and allowed us to share in her journey with breathtaking honesty. Choosing to embrace the fresh perspectives in her book will allow you to be more courageous in the face of change, and embrace the authentic you. With her elegantly straightforward style of writing, Maggie helps take us to a place of real joy...a step beyond happiness. As I continue to surrender outdated parts of myself on my own journey through aging, I am reminded by this book that this season in life can truly give us back to ourselves.

Sharon Kearnin, *professional dancer and movement educator*

If you are wrestling with the issue of no longer coloring your hair, you will be richly rewarded with the research that Maggie Crane has done and the way she weaves humor into the facts. You will be delightfully surprised at the way she encourages you to delve into issues much deeper than the color of your hair. My guess is that you will return to these pages again and again for the wisdom they impart and the fresh perspective they offer.

Elaine Bonoma, *financial planner*

Having watched my older sister (Maggie) grow out her silver hair—I was inspired to do the same. Reading her book has helped me understand that my hair color is not what makes me—*me*. I love my silver hair! By sharing her perspectives on aging well—Maggie has given me a roadmap to follow. As a result, I'm having the time of my life!

Carla Vine, *retired kindergarten paraprofessional*

As I was proofreading Maggie's book, I realized that she was speaking to me. I'd been questioning my career choice for the past year, and her comments on joy and authenticity and living from the heart really hit home. After taking a good look at what really makes me happy, I realized it was time to change course and create opportunities to do more of what I love. So now I spend less time scowling at my computer and more time playing at the dog park!

Carolyn Fox, *proofreader and pet sitter*